

# School Lunch Menu

|  | Monday   | Tuesday   | Wednesday  | Thursday  | Friday  |
|--|--|---|--|---|---|
| 21/11/22<br>19/12/22<br>23/01/23<br>20/02/23<br>23/03/23<br>17/04/23<br>15/05/23<br>12/06/23 | Breast Chicken Gougons<br><br>Sweetcorn, Mashed potatoes<br>Salad Selection<br><br>Vanilla ice cream.<br>Oranges and chocolate sauce | Breaded Fish Fingers<br><br>Baked Beans<br>Mixed Vegetables<br>Mashed Potato<br><br>Fresh Fruit Selection and Yoghurt | Roast Beef<br><br>Fresh Carrot Batons<br>Broccoli Florets<br>Stuffing, Gravy<br>Oven Dry Roast and Mashed Potato<br><br>Frozen Yoghurt & Fresh Fruit Selection | Breast of Chicken Curry<br><br>Boiled Rice<br>Naan Bread<br>Garden Peas<br><br>Fruit and Custard  | Steak Burger with Bap<br><br>Tossed Salad<br>Coleslaw<br>Chips<br>Baked Potato<br><br>Flakemeal Biscuits and Fresh Fruit Chunks |
| 28/11/22<br>02/01/23<br>30/01/23<br>27/02/23<br>27/03/23<br>24/04/23<br>22/05/23<br>19/06/23 | Spaghetti Bolognaise<br><br>Crusty Bread<br>Garden peas<br><br>Melon, Cheese and Crackers  | Breast of Chicken Curry<br><br>Boiled Rice<br>Naan Bread<br>Garden Peas<br><br>Chocolate Sponge and Custard           | Breaded Fish Gougons<br><br>Sweetcorn<br>Mashed Potato<br><br>Flakemeal Biscuits and Fresh Fruit   | Roast Pork<br><br>Cauliflower Cheese<br>Fresh Diced Carrots<br>Stuffing, Gravy<br>Oven Dry Roast and Mashed Potatoes<br><br>Fresh Fruit Selection and Yoghurt | Breaded Chicken Bites<br><br>Beans<br>Chips<br>Baked Potato<br>Coleslaw<br><br>Jelly, Ice-Cream, and Fresh Fruit                |
| 05/12/22<br>09/01/23<br>06/02/23<br>06/03/23<br>03/04/23<br>01/05/23<br>29/05/23             | Salmon Fish Cake / Breaded Fish<br><br>Baked Beans<br>Mashed Potatoes  | Pasta Bolognaise<br><br>Crusty Bread<br>Sweetcorn   | Breast of Chicken Curry<br><br>Boiled Rice<br>Naan Bread<br>Garden Peas  | Roast Turkey<br><br>Carrot and Parsnips<br>Mashed and Roast Potatoes<br>Stuffing and Gravy  | Burger in a Bap<br><br>Tossed Salad<br>Coleslaw<br>Chips<br>Baked Potato  |

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| 26/06/23   | Frozen Smoothies and Fresh Fruit  | Raspberry Ripple Ice Cream and Fresh Fruit Chunks   | Fruit Sponge and Custard  | Frozen Smoothies and Fresh Fruit   | Fresh Fruit Selection and Yoghurt  |
| 12/12/22<br>16/01/23<br>13/02/23<br>13/03/23<br>10/04/23<br>08/05/23<br>05/06/23 | Savoury Mince<br><br>Carrots<br>Mashed Potato<br><br>Arctic Roll and a Selection of Fresh Fruit | Breaded Fish Fillets<br><br>Sweetcorn & Peas<br>Mashed Potato<br>Salad and Coleslaw<br><br>Melon, Cheese and Crackers | Breast of Chicken Curry<br><br>Boiled Rice, Naan Bread<br>Garden Peas<br>Baked Potato<br><br>Fruit Sponge and Custard | Roast Beef<br><br>Savoy Cabbage<br>Stuffing, Gravy<br>Oven Dry Roast<br>Mash Potatoes<br><br>Fresh Fruit Selection and Yoghurt | Oven Baked Sausages<br><br>Chips<br>Baked Potato<br>Baked Beans<br><br>Flakemeal Biscuits and Fresh Fruit Chunks |

If you require any additional information on allergens or your child has special dietary requirements, please contact us. Please also be aware that fresh fish may contain bones.

Meals can be booked on School Money up until 12 O'clock on the night before they are required.